KS2 Progression of Skills Overview

	Basketball	Dodgeball	Football	Handball	Hockey
Year 3	• Introduce dribbling; • Introduce passing and receiving • Combine dribbling and passing to create space • Develop passing, receiving and dribbling • Introduce shooting	• Developing changing direction • Introduce throwing with accuracy • Introduce catching • Develop moving, changing direction at speed	• Introduce/develop dribbling keeping control • Introduce passing and receiving • Combine dribbling and passing to create space • Develop passing, receiving and dribbling	• Introduce passing, receiving and creating space • Develop passing and moving • Combine passing and moving • Introduce shooting • Develop passing and shooting	• Introduce dribbling • Introduce passing and receiving • Combine dribbling and passing to create space • Develop passing, receiving and dribbling • Introduce shooting
Year 4	• Refine dribbling • Refine passing and receiving • Refine passing and dribbling creating space • Refine passing and dribbling creating shooting opportunities • Introduce marking	• Introduce jumping and ducking • Develop throwing with accuracy and power over an increased distance • Develop catching • Consolidate dodging, jumping and ducking	• Refine dribbling • Turning • Refine passing and receiving • Develop passing and dribbling creating space • Introduce shooting	• Refine passing and receiving • Develop passing and creating space • Develop passing, moving and shooting • Combine passing and shooting • Introduce defending	• Refine dribbling and passing • Combine passing and dribbling to create shooting opportunities • Develop passing and dribbling creating space for attacking opportunities • Introduce defending; blocking and tackling
Year 5	• Refine passing and receiving • Apply passing, footwork and shooting into mini games, introduce officiating • Introduce defending • Explore the function of other passing styles	• Introduce blocking • Consolidate catching • Understand where we throw and why we need to throw with accuracy and power • Explore basic attacking and defending tactics	• Refine dribbling and passing to maintain possession • Introduce and develop defending • Develop shooting • Refine attacking skills, passing, dribbling and shooting, introduce officiating	• Consolidate passing and receiving • Explore the function of other passes • Develop defending • Develop passing and creating space, introduce officiating • Refine shooting	• Develop defending; blocking and tacking • Refine dribbling/passing to create attacking opportunities • Refine attacking skills, passing dribbling and shooting • Refine defending skills developing transition from defence to attack
Year 6	• Consolidate keeping possession and officiating • Consolidate defending • Create, understand and apply attacking tactics in game situations • Create, understand and apply defending tactics in game situations	• Consolidate/understanding attacking and defending tactics • Transition between attack and defence • Applying the rules: Officiating games • Managing tactics and officiate games	• Consolidate keeping possession, develop officiating • Consolidate defending • Organise formations and mange teams • Organise formations decide tactics, manage teams and officiate games	• Consolidate keeping possession, develop officiating • Understand and apply defending tactics in game situations • Consolidate defensive tactics; understand and apply defensive tactics in game scenarios	• Consolidate keeping possession, develop officiating • Consolidate defending • Create, understand and apply attacking/defending tactics in game situations

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KS2 Progression of Skills Overview

	Netball	Tag Rugby	Cricket	Rounders	Tennis
Year 3	• Introduce passing, receiving and creating space • Develop/combine passing and moving • Combine/develop passing and shooting	• Introduce moving with the ball, passing and receiving • Introduce tagging • Create space when attacking • Develop passing and moving • Combine passing/moving to create attacking opportunities	• Understand the concept of batting and fielding • Introduce throwing overarm • Introduce throwing underarm • Introduce catching • Striking with intent	• Introduce to rounders • Introduce overarm throwing • Apply overarm and underarm throwing • Introduce stopping the ball • Application of stopping the ball in a game	• Introduction tennis, outwitting an opponent • Creating space to win a point • Consolidate how to win a game introduce rackets • Introduce the forehand
Year 4	• Refine passing and receiving • Develop passing and dribbling creating space • Develop passing, moving and shooting • Refine passing and shooting • Develop footwork	• Develop passing, moving and creating space • Apply learning to 3v3 mini games • Develop defending in game situations • Combine passing and moving to create an attack and score	• Develop an understanding of batting and fielding • Introduce bowling underarm • Develop stopping and returning the ball • Develop retrieving and returning the ball • Striking the ball at different angels and speeds	• Develop fielding bowling with a backstop • Introduce batting; how • Develop batting; where and why • Introduce and apply basic fielding tactics	• Developing the forehand • Creating space to win a point using a racket • Introduce the backhand • Applying the forehand and backhand in game situations • Applying the forehand and backhand creating space to win a point
Year 5	• Recap and refine dribbling and passing to create attacking opportunities • Develop marking • Refine shooting • Refine attacking skills, passing, dribbling and shooting introduce officiating	• Refine passing and moving to create attacking opportunities • Explore different passes that can be used to outwit defenders • Refine defending as a team • Create and apply defending tactics. Develop officiating	• Refine batting, batting and bowling tactics • Refine fielding stopping, catching and throwing • Combine bowling and fielding creating and applying tactics • Introduce umpiring and scoring	• Develop fielding tactics maximising players • Understand what happens if the batter misses the ball • Refine fielding tactics, what players where? • Applying tactics in mini games	• Introduce/develop the volley • Controlling the game from the serve • Doubles, understanding and applying tactics to win a point
Year 6	• Consolidate keeping possession, develop officiating • Consolidate defending • Create, understand and apply attacking/defending tactics in game situations	• Consolidate passing and moving • Consolidate defending • Create, understand and apply attacking/defending tactics in game situations • Consolidate attacking and defending in min games	• Consolidate batting, fielding and bowling • Create, understand and apply attacking and defensive tactics in game	• Introduction to full rounders • Consolidate fielding tactics • Refine our understanding of what happens if the batter misses or hits the ball backwards • Batting considerations	• Game application • Game application, mixed ability doubles, round robin games

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KS2 Progression of Skills Overview

	Tactics and Communication	Symmetry and Asymmetry	Athletics	Boccia	Health and Wellbeing
Year 3	• Creating and applying simple tactics • Developing leadership • Develop communication as a team • Create defending and attacking tactics as a team	• Introduction to symmetry • Introduction to asymmetry • Application of learning onto apparatus • Sequence formation • Sequence completion	• Explore running for speed • Explore acceleration • Introduce /develop relay: Running for speed in a team • Throwing: Accuracy vs distance • Standing Long Jump	• Exploring sending • Understand why we need to be accurate when sending the ball • Develop our sending technique and understanding of accuracy • Introduce scoring	• Exploring relaxation techniques • Applying relaxation techniques and using them effectively • Performing balanced meditative poses • Using props to help us balance in our meditative poses
Year 4	**Problem Solving** • Benches and mats challenge • Round the clock card challenge • The pen challenge • The river rope challenge • Caving challenges	**Bridges** • Introduction to bridges • Application of bridge learning onto apparatus • Develop sequences with bridges • Sequence formation • Sequence completion	**Athletics** • Develop running at speed • Exploring our stride pattern • Exploring running at pace • Understand and apply tactics when running for distance • Javelin • Standing Triple Jump	**Boccia** • Consolidating sending with accuracy in Boccia: Sending with pace and speed • Tactical Play: Applying accuracy into our Boccia games • Tactical Play: Defending in Boccia	**Health and Wellbeing** • Creating movements to help express ourselves and our emotions. • Using mime to manage positive and negative emotions • Using mediative poses to help control and manage our emotions
Year 5	**Orienteering** • Face orienteering • Cone orienteering • Point and return • Point to point • Timed course • Orienteering competition	**Counter Balance and Counter Tension** • Introduction to Counter Balance • Application of Counter Balance learning onto apparatus • Sequence formation • Counter Tension • Sequence completion	**Athletics** • Finishing a race • Evaluating our performance • Sprinting: My personal best • Relay changeovers • Shot Put • Introducing the Hurdles	**Boccia** • Sending the ball: Develop our understanding why we need to be accurate • Sending the ball: Refine our sending technique and understanding of accuracy • Sending the ball: Applying accuracy in teams	**Tennis** • Explore and understand cardio fitness • Explore and understand flexibility fitness • Explore and understand strength fitness
Year 6	**Leadership** • Understanding what makes an effective leader • Communicating as a leader • Introducing the STEP principle: Space , Task, Equipment and People	**Matching and Mirroring** • Introduction to matching/ mirroring • Application of matching/ mirroring learning onto apparatus • Sequence development	**Athletics** • Running for speed competition • Running for distance competition • Throwing competition • Jumping competition	**Boccia** • Creating and applying basic tactics: Coaching and officiating Boccia games • Level 1 Competition: Pairs Boccia • Level 1 Competition: Team Boccia	**Tennis** • Develop a secure understanding of cardio fitness • Develop a secure understanding of flexibility fitness • Develop a secure understanding of strength fitness

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KS2 Progression of Skills Overview

Year 3	**Wild Animals** • Responding to stimuli • Developing character dance into a motif • Develop sequences with a partner in character that show relationships • Extending sequences with a partner in character	**Weather** • Responding to stimuli, extreme weather • Developing thematic dance into a motif • Extending dance to create sequences with a partner • Developing sequences with a partner	**Witches and Wizards** • Responding to stimuli • Developing characters and extending the story • Creating motifs with a partner in character • Developing characterisation	**Badminton** • We have not created a Badminton unit for Year 3.
Year 4	**Cats** • Responding to stimuli working together • Extending sequences with a partner in character • Exploring two contrasting Relationships and interlinking dance moves	**Space** • Extending sequences with a partner in character • Developing sequences with a partner in character that show relationships and interlinking dance moves • Sequences, relationships, choreography and performance	**World War II** • Explore the behaviours of people in 1939 • Creating sequences in small groups that show character emotion • Creating movements that interconnect	**Badminton** • We have not created a Badminton unit for Year 4.
Year 5	**Greeks** • Exploring the Greeks using compositional principles • Extending sequences with a partner using compositional principles • Creating movement using improvisation where movement is reactive	**The Circus** • Develop character movements linked to prejudices • Create movements that represent different characters and performers in a circus • Extending our performance incorporating props and apparatus linked to the variety of performers	**Dance** • We are currently creating a brand-new dance unit for Year 5. • This will be available from September 1st 2023.	**Badminton** • Exploring different forehand /backhand shots • Applying different forehand/ backhand shots to win a point • Consolidate outwitting an opponent • Doubles: Understanding and applying tactics to win a point
Year 6	**Carnival** • Performing with technical control and rhythm in a group • Creating rhythmic patterns using the body • Experiencing dance from a different culture • Chorographical elements including still imagery	**Titanic** • Creating rhythmic patterns using our body • Extend choreography through controlled movements, character emotion and expression • Explore the relationships between characters applying character emotion and expression	**Dance** • We are currently creating a brand-new dance unit for Year 6. • This will be available from September 1st 2023.	**Badminton** • Introduction to badminton: Outwitting an opponent • Introduce the forehand and backhand • Applying the forehand and backhand: Creating space to win a point • Controlling the game from the serve

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